

HEALTH & WELL-BEING @ISSUE

A PUBLICATION OF THE RAPIDES FOUNDATION FALL 2020



THE RAPIDES FOUNDATION SYMPOSIUM

2020
VIRTUAL



 THE RAPIDES FOUNDATION

IN THIS ISSUE

- The Rapides Foundation Symposium 2020 | 2
- CLIP Graduates Begin Teaching Careers | 6
- Grants Address Coronavirus Response | 11
- Foundation Awards \$4.2 Million In Grants | 14
- 2019 Annual Report Released | 16



THE RAPIDES FOUNDATION SYMPOSIUM

2020
VIRTUAL



Dr. Regina Benjamin, 18th U.S. Surgeon General, was the keynote speaker for the 2020 Symposium. As the nation's "top doctor," she released a national strategy for moving the healthcare system from one based on sickness and disease to one based on wellness and prevention.



Joe Rosier, The Rapides Foundation's President and CEO, prepares for the Foundation's first virtual Symposium. The Symposium is held every year to recognize the Foundation's 1994 creation.

The Rapides Foundation's seventh annual Symposium, held on October 7, focused on how a community can improve its overall health status by addressing behavioral and social determinants of health.

The event featured Regina Benjamin, M.D., MBA, the 18th Surgeon General of the United States, who explained that improving the overall health of a community and eliminating health disparities of vulnerable populations takes a holistic approach that extends well beyond medical facilities.

"I was really pleased to be a part of the Symposium and try to get people to understand that health does not just occur in the hospitals and the doctors' offices. Health occurs where we live, where we learn, where we work, where we play and where we pray," she said. Social and behavioral factors such as income and education level, what you eat, how much exercise you get and even where you live play a role in a person's health. "We also know that where you live, your zip code, is a more likely predictor of your health and longevity than your genetic code."

Each year the Foundation presents the Symposium as a way to gather around a topic of importance and to recognize the creation of The Rapides Foundation on September 1, 1994. This was the first time the Symposium has been

presented in a virtual format. It was originally scheduled for early September, but postponed because of impacts from Hurricane Laura.

The Rapides Foundation's mission is to improve the health status of Central Louisiana. It focuses its work in three strategic areas: Healthy People, to improve access to healthcare and to promote healthy behaviors; Education, to increase the level of educational attainment and achievement as the primary path to improved economic, social and health status; and Healthy Communities, to improve economic opportunity and family income, and enhance civic and community opportunities for more effective leaders and organizations.

"We learned very early on, that 50 percent of premature mortality and disability were from health behaviors, and that there was a high correlation with levels of education and income. This guides our thinking of how to deploy our resources to achieve our mission," said Joe Rosier, the Foundation's President and CEO. "We recognize we must address the risk factors and underlying causes which impact community health status, and that a broader definition of health must include a breadth of health factors rather than strictly the absence of disease."

"If you look at health outcomes, these choices reflect our best thinking of where our resources can have the most impact in improving health



status in a measurable and sustainable way. And that is the challenge for our board and our staff," he said.

Dr. Benjamin has spent her career seeing the impact of healthcare disparities and the determinants of health on several generations of patients in her community. As former U.S. Surgeon General and founder/CEO of the Bayou Clinic and its partner organization, the Gulf States Health Policy Center in rural Alabama, she has been the driving force behind research and policies to promote equity and access. Taking a public and population health perspective, Dr. Benjamin often speaks about the range of social determinants, and describes practices and policies that will narrow the health gap.

When she was U.S. Surgeon General under former President Obama, Dr. Benjamin released the first-ever "National Prevention Strategy:

America's Plan for Better Health and Wellness." The strategy served as a blueprint for moving the nation's healthcare system from one based on sickness and disease to one based on wellness and prevention.

"As surgeon general I went around the country trying to get organizations just like The Rapides Foundation to bring this strategy to light because it's not any good if it sits on a shelf. If you look at The Rapides Foundation, they're doing exactly the same things that we recommended. Their focus on healthy people, education and healthy communities are the basic pillars of the National Prevention Strategy. I wish every community had a Rapides Foundation."

"While many of us believe giving all Americans healthcare coverage is the first step to reducing health disparities that plague our country, we know to reduce and ultimately eliminate



THE RAPIDES FOUNDATION
SYMPOSIUM
2020
VIRTUAL

The Rapides Foundation President and CEO Joe Rosier moderates a discussion with former U.S. Surgeon General Dr. Regina Benjamin during the Foundation's virtual Symposium.

health disparities we have to address the social determinants of health such as poverty and dropout rates," she added. "I can't overestimate the importance of education. The health differences between the more educated and less educated are significant. The U.S. death rate for people with less than 12 years of education is two and a half times higher than for those with 13 or more years of education, and an additional four years of education was found to lower the five year mortality, reduce the risk of heart disease and of diabetes by 10 percentage points each."

Dr. Benjamin said health prevention is a key to building a stronger and sustainable healthcare system. "I always say that health does not occur in the doctors' office and the hospitals only. We have to make prevention part of our everyday lives and empower people to make better health choices. So I was pleased when we launched an agenda to help Americans get healthy, live longer, stay well and thrive."

Dr. Benjamin said the coronavirus pandemic shed a light on the importance of addressing health disparities in the nation.

"Early on in the COVID pandemic we realized that people with underlying conditions were being

affected more, particularly people of color and other vulnerable populations. We knew about cancer and strokes and things, but what we didn't think about were high blood pressure, irregular heartbeat and high blood sugar. We also started seeing that it wasn't because African Americans are more at risk, it was because of the social determinants. Rural communities have the same issues and the same types of social determinants, and COVID has brought that to our awareness in a way that we never wanted to see."

Rosier agreed the coronavirus pandemic brought to light the importance of the work that The Rapides Foundation has done since its 1994 beginnings.

"From the start of the pandemic it was clear that people with the type of underlying conditions that our work focuses on are being hardest hit by the virus. That's one of the reasons we didn't change our focus away from our existing work," he said. "We chose to stay the course because in continuing to work on the behavioral and social determinants of health, you ultimately improve health in the community and provide greater resilience against all disease, including the coronavirus."



CENTRAL LOUISIANA
INSTRUCTIONAL PARTNERSHIP

GRADUATES BEGIN TEACHING CAREERS



CLIP Cohort 1 graduates are, from left, Lewis Evans, Stephanie Davis, Nicole Robinson, Randi Roberts, Kimberly Wilson, Blake Quales, Sarah Landry, Kelcie Johnson and Venus Nears.



Central Louisiana Instructional Partnership



COHORT 1 | 2019-2020

Nine individuals from Central Louisiana have completed an intense, 15-month teacher residency program and are now beginning their careers as middle-school math and science teachers.

They are the first graduates of the Central Louisiana Instructional Partnership, a paid teacher residency program with the goal of improving student achievement in rural school districts by preparing educators to teach in critical shortage areas – middle school math and science. The second cohort of 10 individuals began its residency in June, and recruitment is underway for the third of five cohorts. By the end of the five-year program, 44 new individuals will be teaching in Cenla schools.

CLIP is funded by a \$4.5 million grant from the U.S. Department of Education’s Teacher Quality Partnership Program, plus \$8 million in-kind matched funding from project partners. The Orchard Foundation, the education arm of The Rapides Foundation, serves as the lead organization for CLIP. Project partners include: the nine Central Louisiana school districts; NSU’s Gallaspy College of Education & Human Development and College of Business & Technology-Computer Information Systems; Urban Learning & Leadership Center; EvalWorks; and The Rapides Foundation.

“CLIP partners have worked together for many years to assess the challenges faced by the rural public school districts in Central Louisiana, confronting the enduring and often deeply entrenched obstacles to improved teaching and student achievement,” said Dr. Marjorie Taylor, Executive Director of The Orchard Foundation. “CLIP is leveraging this work to dramatically



Central Louisiana
Instructional Partnership

improve teacher preparation and ultimately work to close the achievement gap among rural students in an underserved region of Louisiana.”

Residents take part in a 15-month accelerated graduate program of study that culminates in a Master of Arts in Teaching degree from Northwestern State University and a professional teaching certification. CLIP residents receive a stipend to cover the expense of tuition, as well as an annual stipend of \$36,000 during their residency. While completing their graduate coursework, CLIP residents work alongside a trained and experienced mentor teacher throughout the academic year in a high-needs school identified by the nine partner public school districts.

When they complete the program, graduates are placed in a school where they receive two years of support with an induction coach. CLIP graduates agree to teach in Central Louisiana schools for at least three years following graduation.

The 15-month CLIP residency begins in June. In the summer, residents attend monthly meetings at NSU’s Cenla Campus. When the school year begins, they work in the classroom with their mentors while also taking 9 hours of online classes each semester to work toward their master’s degrees. They also continue their monthly CLIP sessions, where NSU’s Computer Information Systems Department teaches them how to implement STEM lessons using the latest technology in their classrooms.

It’s an intense program that is intended to fully prepare graduates for their first year as middle-school teachers.

“Our goal is to have them walk in their classroom on Day 1 as an empathetic, knowledgeable, effective teacher. I want them to

know their pedagogy, and I want them to know they are ready to teach,” said Jodi Howell, CLIP Facilitator/Mentoring Coordinator from NSU. “They walk in the classroom as certified middle school teachers. That’s one of the big things that school districts like.”

Throughout the process, residents develop a sense of camaraderie. “They have a strong sense of family because they are relating to each other and they understand the struggles,” Howell said.

Residents are men and women of all ages who hold undergraduate degrees and a desire to teach. Some residents are looking to change careers while others are recent college graduates, said Lindlay Howell, CLIP Field Coordinator with The Orchard Foundation. “Our residents are eager to learn,” she said. “We guide them through the process every step of the way and let them know that we will continue supporting them even after they graduate.”

The 2020 CLIP graduates and their fall teaching assignments are:

- **Nicole Robinson**, Allen Parish, Oakdale Middle School, math.
- **Sarah Landry**, Avoyelles Parish, Plaucheville Elementary, math.
- **Stephanie Davis**, Avoyelles Parish, Cottonport Elementary School, science.
- **Kelcie Johnson**, Grant Parish, Grant Junior High, science.
- **Edgar “Lewis” Evans**, LaSalle Parish, Jena Junior High, math.
- **Randi Roberts**, Rapides Parish, Brame Middle School, math.
- **Blake Quales**, Rapides Parish, Alexandria Middle Magnet, math.
- **Kimberly Wilson**, Rapides Parish, Tioga Junior High, science.
- **Venus Nears**, Winn Parish, Winnfield Middle, math.



Nicole Robinson left her career as a juvenile police detective to become a teacher.

As a juvenile police detective in Texas, Nicole Robinson of Oakdale witnessed firsthand the results of kids falling through the cracks. "I saw too much when I was on the force. It was just heartbreaking. I saw kids who were 13 or 14 in for murder. I was like 'why are we losing this many kids to the system at this young age?'"

When she began helping a co-worker's daughter with homework, Robinson realized she could make a positive change in young people's lives by reaching them before they ended up in the criminal system. The timing was right. She had reached her 10-year-mark with the police force, had moved to Oakdale and was ready to make a career change when she heard about CLIP. Even though she had no training in education, her criminal justice degree, passion for helping young people and completion of CLIP application requirements landed her a spot in the first cohort.



The year was admittedly intense, but Robinson said the support and knowledge she gained from CLIP has given her the confidence to switch careers. "I brag about this CLIP program to everyone I know. The support they provide can't be measured. They made me feel so comfortable to transition from law enforcement to education, and now going into my own classroom, I feel confident. I'm not nervous. I'm happy, and I'm excited."

“ I brag about this CLIP program to everyone I know. The support they provide can't be measured.

Nicole Robinson, CLIP Graduate

Blake Quales moved from Ohio to Central Louisiana in 2015 to be youth pastor at Tioga Wesleyan Methodist Church. He ran an auto repair shop with his brother-in-law, but his calling was teaching young kids. When he lived in Ohio, he had started a youth ministry for at-risk children and was a substitute teacher at a local middle school. He wanted to be an educator, but he didn't see a way to switch careers while supporting his family. The CLIP program – with its stipend and continued professional support – allowed him to follow his dream.

"There's no way I could have pursued this outside of the CLIP program. There's no way financially I could have pursued it, and I wouldn't





The stipend and continued professional support offered by the CLIP program allowed Blake Quales to follow his dream.

have entered it without their support,” he said. “The way it was set up was picture perfect for my personality and for my situation. That stipend was a lifesaver. I view that as God opening those doors. There’s no other way to explain it.”

Quales appreciated the personal support from his mentor teacher, and feels comfortable starting his new career knowing he will have continued support from his induction coach.

“I’m very excited. Obviously it will have its own set of challenges because of COVID-19. But this is my first year as a teacher, so in a lot of ways I don’t know anything different. For me this is all new. I decided that I’m in this for the kids, so whatever I have to do, I’m doing it for them. I decided to be positive about it and try to be the difference in their lives.”

At the end of the academic school year, the CLIP residents took part in a technology showcase – virtually because of the coronavirus



pandemic – to show off what they learned and how they plan to apply technology in the classroom. For example, science students will use their Chromebooks to study spiders in a lesson on genetics and math students will learn about ratios and rates by launching Lego robot racers. As graduate Randi Roberts explained, “I believe the technology gives the students a hands-on approach to real-life concepts.”

Edgar “Lewis” Evans of LaSalle Parish will be teaching seventh grade math this fall. “It’s been a blessing to be a part of the CLIP residency,” he said during his presentation. “I feel prepared to be in my own classroom. I know I still have a lot to learn, but I feel very confident, and it’s because of this program.”

The second cohort, which began its work in June, consists of three men and seven women. Three residents are pursuing a concentration in science and the others are pursuing math.

Recruitment is currently underway for the third cohort, which will begin its work in June 2021. To qualify, applicants must have earned a bachelor’s degree, must not have a teacher certification, and must meet Northwestern State University’s Master of Teaching graduate school requirements.

To apply for CLIP, interested persons should complete and submit the CLIP application, release form, essay and a current resume. Application should also be made to NSU’s graduate school. Application forms and more details can be found at www.theorchardfoundation.org/clip. Interviews will be held in April 2021.



Grants Address Coronavirus Response

The Rapides Foundation Awards \$400,000 to Local Nonprofits



The National Guard helped the Food Bank of Central Louisiana package and deliver food to families struggling during the coronavirus pandemic.

The Rapides Foundation in April awarded grants totaling \$400,000 to two agencies working to provide relief and assistance to Central Louisiana residents whose lives have been impacted by the coronavirus pandemic.

“We are very focused and strategic as a grantmaker. But this will be the second time in our history – the first being in the aftermath of Hurricane Katrina – where we felt like events were so extraordinary that it required us to respond,” said Joe Rosier, President and CEO of the Foundation.

Funds have been used in a variety of ways, such as feeding an increased number of hungry families in Central Louisiana, providing quarantine kits to people who have tested positive, and delivering goods to at-risk residents and senior citizens who are unable to safely leave their homes.

The Foundation awarded a \$100,000 grant to the United Way of Central Louisiana’s Coronavirus Response Fund. The funds are to help nonprofit agencies and church congregations secure food and household supplies for Central Louisiana residents identified by the UWCL’s Cenla United program.

The Foundation also awarded a \$300,000 grant to the Food Bank of Central Louisiana for food assistance needs for Central Louisiana residents. The funds are to support acquisition, packaging and distribution of food in the Food Bank’s coronavirus relief effort.

United Way of Central Louisiana President/CEO David Britt said the organization created a network of partnerships in Central Louisiana parishes to quickly and efficiently reach people affected by the pandemic. They are awarding relatively small grants to the partners, who in turn purchase and deliver food, masks, cleaning supplies, and other essential items to families in need.

“We have really been pleased with the way it’s gone. We are still getting grant applications in, and we still have funding to go. We are feeling good about our response and the amount of resources we’ve been entrusted with to respond to the needs,” he said.

As was the case with the Katrina/Rita response in 2005, the United Way mobilized early on to respond to the coronavirus. The Rapides Foundation board, in turn, responded quickly to ensure the funds were disbursed in time to help people affected by the pandemic.



Kitty Wynn (above), a volunteer with St. Michael's Episcopal Church in Pineville, and Rev. Robert C. Lee, pastor of New Pilgrim Missionary Baptist Church in Alexandria, put together supply and food boxes to deliver to people affected by the coronavirus pandemic. Both organizations are United Way Community Partners.

"It really gave us the courage to step out and be a little more assertive in getting the help out there. We certainly would have run out of funds if we didn't have the funding that The Rapides Foundation had awarded to us, so we deeply appreciate it," Britt said.

Once community members contact the Cenla United project for assistance, needs are entered into a software platform called DRIMS (Disaster Response Information Management System) and matched to partner agencies and congregations that are also in the system. The United Way hired two employees to answer calls, enter data, and recruit partner organizations.

Kevin Gebhart, director of the United Way's Strong Neighborhood Project, said the number of callers increased in the summer as COVID cases began to rise in Central Louisiana.

"It's everybody, from our police officers to nurses to people struggling on a daily basis. If you need to quarantine in your house and you need assistance, we are here to help. We are helping every person in Central Louisiana

regardless of race, age, color or income. We wanted to make sure everybody was taken care of during this time period."

Volunteers deliver quarantine kits to people who have tested positive with COVID, or who are caring for loved ones who have it. "We'll take food, masks, sanitizer, disinfectant spray and other things they need to isolate from each other as a family within their household. So anybody who gets a positive result, if they have needs and can't go out, we deliver what they need."

The needs of people impacted by the pandemic are varied. For example, volunteers helped a family battling COVID from a hotel room where they were staying after their house burned down. Gebhart personally delivered water to another family whose water was turned off amid the pandemic.

"Very early on, there were so many senior citizens who couldn't go to the store so we would take them groceries and say 'we got you. You don't need to get out.' It wasn't an economic issue at all. It's just letting our neighbors know

that we care," he said. "It's been a pretty massive operation, and it's been driven by the caring nature of our community."

The grant to the Food Bank of Central Louisiana is being used to feed the increased number of people who have gone hungry as a result of the coronavirus pandemic. In addition to the high number of cases in Louisiana, the pandemic has brought about job losses and resulting losses in health insurance, making it more difficult for struggling families to put food on their tables.

Feeding America estimates that 1 in 5 people are hungry in Louisiana as a result of the pandemic. In Central Louisiana, eight parishes in the Food Bank's service area exceed the food insecurity rate for the state, said Linda Hutson, Director of Development & Community Relations.

To meet the increased demand, the Food Bank adapted and expanded its food distribution programs. Some local pantries had to close their doors, not having the capacity to adapt to new pandemic safety guidelines. To fill in the gaps, the Food Bank expanded its daily distribution hours and deployed mobile food distributions to sites across Central Louisiana. "But demand continues to grow, even as local food pantries are beginning to re-open. Fifteen new mobile sites have been added since March, all of which are seeing more and more people at each distribution. Food

has run out at some of the most recent mobile distributions, despite in some cases deploying three full trucks of food where there was just one truck several months ago," Hutson said.

To exacerbate the pandemic's impact, the cost of food increased as demand increased. "Since March, the average price the Food Bank of Central Louisiana paid for a pound of food has gone up by 30%, making every charitable dollar received more precious in the effort to meet the needs of hungry families during this crisis," Hutson said.

"The funding from The Rapides Foundation has allowed the Food Bank of Central Louisiana to quickly mobilize and change our distribution methods, add mobile food pantry distribution, and secure food and personal protective equipment to keep our staff and clients safe," she said. "Even as so many are struggling, the support from The Rapides Foundation has provided necessary funding to allow us to continue our work."

To learn more about services from the Food Bank of Central Louisiana, call 318-445-2773 or visit www.fbcentla.org.

To learn more about the United Way's Operation Cenla United project, call 318-528-9776 or visit www.uwcl.org/coronavirus-response-fund. If you're in need of help of any kind, call 211; for help specific to the pandemic, call 318-221-7791.



United Way volunteers Rebbie Jones (left) and Mark Weinzettle (right) deliver supply boxes to people affected by the coronavirus pandemic.

THE RAPIDES FOUNDATION AWARDS

**\$4.2 MILLION
IN GRANTS**

The Rapides Foundation has awarded \$4,268,298 in grants for projects that support the Foundation’s mission to improve the health status of Central Louisiana. The grant-funded projects promote healthy behaviors, youth service and leadership, workforce training, and school improvement plans to increase educational attainment.

The grants were awarded during the Foundation’s 2020 grant cycles and support work under its Initiative Strategic Plans. Since the Foundation’s creation in 1994, it has disbursed more than \$230 million in grants.

“Over its 26-year history, The Rapides Foundation has developed initiatives and strategies intended to improve health status in Central Louisiana communities,” said Joe Rosier, president and CEO of The Rapides Foundation. “As we have identified those critical issues, it’s been essential for us to find community partners that work in those areas and then to support the work through our grantmaking or with technical assistance.”

The Foundation focuses its work in three strategic areas: Healthy People, to improve access to healthcare and to promote healthy behaviors; Education, to increase the level of educational attainment and achievement as the primary path to improved economic, social and health status; and Healthy Communities, to improve economic opportunity and family income, and enhance civic and community opportunities for more effective leaders and organizations.

AWARDED GRANTS ARE:

2020-21 Effective Schools Grant - \$1,500,000

The nine public school districts in the Foundation’s service area will receive funding to support district-wide school improvement plans aimed at increasing educational attainment and improving student achievement. Grants were awarded to the following school districts: Allen, Avoyelles, Catahoula, Grant, LaSalle, Natchitoches, Rapides, Vernon and Winn.

Through its Education Initiative, the Foundation partners with school districts to reach approximately 90 percent of all K-12 students in the region. Working at the system level ensures that students and teachers at district-led schools are involved in a well-coordinated, highly-targeted effort, which is necessary in order to impact regional attainment and eventually lead to improved health status throughout the region. The Rapides Foundation began its Education Initiative in 1998.

2020-21 Healthy Behaviors School District Partnership Grant - \$322,000

Seven Cenla school districts were awarded funding to participate in the Healthy Behaviors School District Partnership Grant. Grants were awarded to the following school districts: Allen, Avoyelles, Catahoula, Grant, Natchitoches, Rapides and Vernon.

Through its Healthy Behaviors Initiative, the Foundation seeks to prevent and reduce tobacco use, substance and alcohol abuse, and overweight/obesity by focusing on changing policy, social norms and environments in Central Louisiana. The goal of the grant is to provide students, staff and teachers with the knowledge and skills necessary to make better and more informed behavior decisions leading to healthier lives.



Healthy Behaviors Program Grant - \$1,247,248

Ten organizations have been awarded three-year grants to implement evidence-based, community-driven solutions for preventing and reducing obesity and preventing and controlling tobacco use. This work is part of the Foundation's Healthy Behaviors Initiative. Healthy Behaviors Program grants were awarded to: American Heart Association; Ben D. Johnson Educational Center; Move Bunkie Forward; Catahoula Parish School Board; Town of Cheneyville; Food Bank of Central Louisiana; Louisiana College; City of Natchitoches; City of Winnfield; and YWCA.

Substance and Alcohol Abuse Prevention Program Grant - \$1,050,000

Four organizations have received three-year grants to develop, implement or enhance prevention projects or strengthen existing protective factors, and reverse or reduce modifiable risk factors associated with substance and alcohol abuse. This work falls under the Foundation's Healthy Behaviors Initiative. Grants were awarded to: Catahoula Parish School Board; Central Louisiana AIDS Support Services; LaSalle Economic Development District; and Winn Community Health Center.

2020-21 Youth Volunteer School District Grant - \$49,050

Three school districts, Natchitoches, Rapides, and Vernon, will continue their participation in the Youth Volunteer School District Grant during the 2020-21 school year. As part of the Foundation's Social Environment Initiative, this grant seeks to provide linkages among students, schools and nonprofit organizations for community service, build leadership skills among high school students, promote student achievement of the Louisiana Department of Education's Community Service Diploma Endorsement, and foster a lifelong commitment to being engaged in the community. Grant funds support facilitation of Youth Volunteer Corps (YVC) Club meetings and project activities.

Workforce Opportunity Grant - \$100,000

The Rapides Foundation believes that low and middle household income levels must rise for the standard of living to increase for all income levels. Healthy economies with low unemployment rates and higher wage jobs provide people with the means to purchase medical insurance, make better healthcare choices and live healthier lifestyles. Through its Economic Development Initiative, the Foundation offers the Workforce Opportunity Grant, which supports collaborations between industry and postsecondary institutions to offer training/education for high-wage occupations for which there is a demonstrated unmet employer demand within the Foundation's service area. CLTCC has been awarded two Workforce Opportunity Grants. CLTCC will partner with RoyOMartin to provide training for the WoodWorks project, and they will partner with LaSalle Lumber Company to provide safety and leadership training.

The Rapides Foundation serves a nine-parish area in Central Louisiana consisting of Allen, Avoyelles, Catahoula, Grant, LaSalle, Natchitoches, Rapides, Vernon and Winn parishes.

25TH ANNIVERSARY

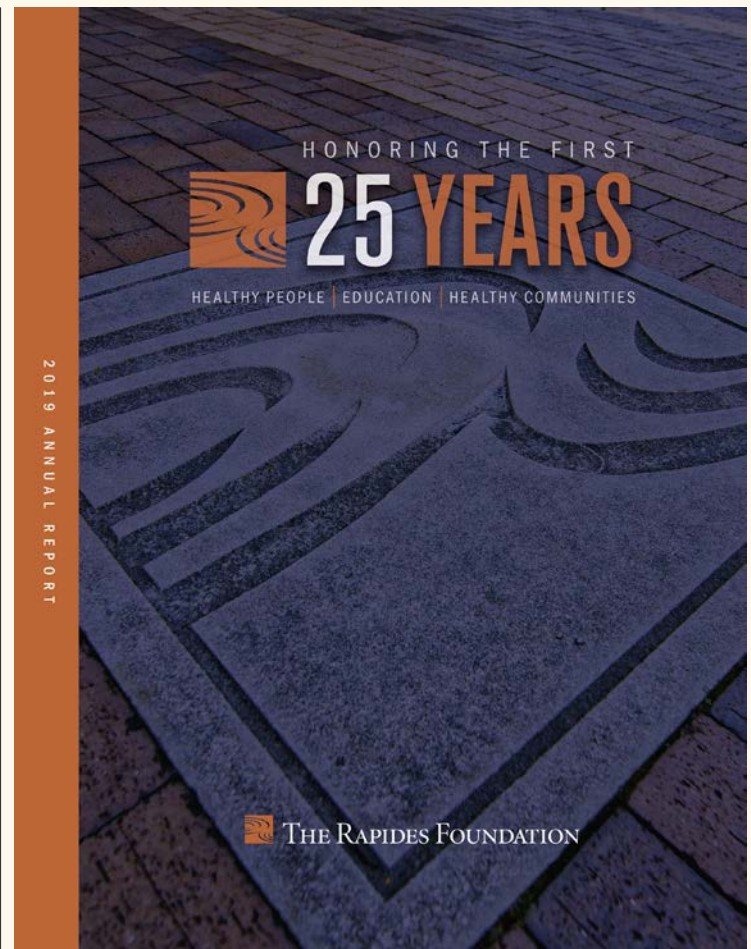
FOUNDATION

RELEASES ANNUAL REPORT

The Rapides Foundation's Annual Report, "Honoring the First 25 Years," is now available.

The 2019 report recognizes the Foundation's 25th anniversary and illustrates the many examples of how the Foundation has evolved since its founding and worked to further its mission of improving the health status of Central Louisiana.

To be mailed a printed copy of the Annual Report, contact The Rapides Foundation at 318-443-3394 or 800-994-3394. Read the Annual Report online at rapidesfoundation.org under the Newsroom, Annual Reports tab.



 THE RAPIDES FOUNDATION

The Rapides Foundation continues a legacy of community healthcare initiated in 1903.

President/CEO:

Joseph R. Rosier, Jr., CFA, CPA (Inactive)

Editor / Writer:

Tammy Moreau

Contributing Writer:

Kathy Gunn

For additional copies or to be added to the mailing list, contact:

The Rapides Foundation
1101 Fourth Street, Suite 300
Alexandria, LA 71301

Tel: 318-443-3394
1-800-994-3394
Fax: 318-443-8312

www.rapidesfoundation.org
grantinfo@rapidesfoundation.org



 HEALTH & WELL-BEING
@issue
is published by The Rapides Foundation

rapidesfoundation.org